

## P45 Lesson Overview: February 10 – February 14, 2025

Our Power 45 lessons are designed to equip students with essential 21st-century skills needed to thrive in today's world. Teachers will guide students through a 25 – 30 minute Nearpod lesson focused on key areas of development.

The three main areas of focus are:

- **Growth Mindset**
- **Financial Literacy**
- **Executive Function Skills**

While some days may vary due to schedule changes, this will serve as the core framework for the skills we'll be working on.

### **Monday, 2/10**

**Advisory Lesson** – Black History Lesson developed by our SA Student Equity committee

### **Tuesday, 2/11**

**Level Up Tuesdays (Growth Mindset)** – Students will finish Nearpod lesson with teacher learning about flexible thinking.

### **Wednesday 2/12**

**CLUBS**

### **Thursday 2/13**

**Secure the Bag Thursdays (Financial Literacy)** – Students will finish Nearpod lesson with a teacher learning about taxes.

### **Friday 2/14**

**Stack and Study Fridays (Executive Functioning Skills)** – Students will finish Nearpod lesson with the teacher learning about critical thinking skills.

Thank you for your support!