

# September 2023

## Drew SY 2023-2024 Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
				<p>1 </p> <p><b>Entree</b></p> <p>Uncrustables Popcorn Chicken Entree Salad Cheese Pizza</p> <p><b>Vegetables</b></p> <p>Broccoli Garden Salad</p> <p><b>Fruit</b></p> <p>100% grape juice, Suncup Sliced Pears</p> <p><b>Milk</b></p> <p>1% Milk Fat Free Chocolate Milk</p> <p><b>Misc.</b></p> <p>Fat Free Ranch Dressing Italian Dressing,Lite, 5.62#, 60/1.5oz, IW, Pouch., Ken's, KE0801B3</p>
4 Labor Day	<p>5</p> <p><b>Entree</b></p> <p>Uncrustables Chef Entree Salad Chicken Pizza Quesadilla</p> <p><b>Vegetables</b></p> <p>Refried Beans Veggie Sticks</p> <p><b>Fruit</b></p> <p>Fresh Apple Slices 100% grape juice, Suncup</p> <p><b>Grains</b></p> <p>Goldfish Crackers</p> <p><b>Milk</b></p> <p>1% Milk Fat Free Chocolate Milk</p> <p><b>Misc.</b></p> <p>Italian Dressing,Lite, 5.62#, 60/1.5oz, IW, Pouch., Ken's, KE0801B3 Fat Free Ranch Dressing Sour Cream, 100/1oz, Single Serve Packets, Daisy, #IDP100 Salsa, Nutritionally Enhanced, Low Sodium,</p>	<p>6</p> <p><b>Entree</b></p> <p>Uncrustables Chicken Caesar Entree Salad Chicken Alfredo (Drew)</p> <p><b>Vegetables</b></p> <p>Broccoli Caesar Salad</p> <p><b>Fruit</b></p> <p>Pineapple Tidbits Fruit Punch Juice</p> <p><b>Milk</b></p> <p>1% Milk Fat Free Chocolate Milk</p> <p><b>Misc.</b></p> <p>Italian Dressing,Lite, 5.62#, 60/1.5oz, IW, Pouch., Ken's, KE0801B3 Fat Free Ranch Dressing Dressing, Lite Caesar</p>	<p>7</p> <p><b>Entree</b></p> <p>Uncrustables Turkey Chef Entree Salad Popcorn Chicken with a Roll</p> <p><b>Vegetables</b></p> <p>Veggie Sticks Baby Carrots</p> <p><b>Fruit</b></p> <p>Fresh Banana Suncup Apple Juice</p> <p><b>Milk</b></p> <p>1% Milk Fat Free Chocolate Milk</p> <p><b>Misc.</b></p> <p>Italian Dressing,Lite, 5.62#, 60/1.5oz, IW, Pouch., Ken's, KE0801B3 Fat Free Ranch Dressing Dressing, Lite Caesar</p>	<p>8</p> <p><b>Entree</b></p> <p>Uncrustables Popcorn Chicken Entree Salad Cheese Pizza</p> <p><b>Vegetables</b></p> <p>Garden Salad Vegetable Blend, Italian, 12/2#, Classic, Simplot, 10071179188759</p> <p><b>Fruit</b></p> <p>Sliced Pears 100% grape juice, Suncup</p> <p><b>Milk</b></p> <p>1% Milk Fat Free Chocolate Milk</p> <p><b>Misc.</b></p> <p>Italian Dressing,Lite, 5.62#, 60/1.5oz, IW, Pouch., Ken's, KE0801B3 Fat Free Ranch Dressing</p>

	6/#10 (103oz), Red Gold, #REDSC99			
11 <b>Entree</b> Cheeseburger Uncrustables Chicken Entree Salad Hamburger <b>Vegetables</b> Romaine Lettuce French Fries <b>Fruit</b> Suncup Apple Juice Fresh Oranges <b>Milk</b> 1% Milk Fat Free Chocolate Milk <b>Misc.</b> Fat Free Ranch Dressing Italian Dressing,Lite, 5.62#, 60/1.5oz, IW, Pouch., Ken's, KE0801B3 Ketchup Mustard Mayonnaise, Packet, 200/12g, Heinz, 10013000531709	12 <b>Entree</b> Uncrustables Chef Entree Salad Nachos <b>Vegetables</b> Black Beans Veggie Sticks Romaine Lettuce <b>Fruit</b> 100% grape juice, Suncup Fresh Apple Slices <b>Milk</b> 1% Milk Fat Free Chocolate Milk <b>Misc.</b> Fat Free Ranch Dressing Italian Dressing,Lite, 5.62#, 60/1.5oz, IW, Pouch., Ken's, KE0801B3	13 <b>Entree</b> Uncrustables Chicken Caesar Entree Salad Macaroni and Cheese with a Roll <b>Vegetables</b> Broccoli Garden Salad <b>Fruit</b> Fruit Punch Juice Pineapple Tidbits <b>Milk</b> 1% Milk Fat Free Chocolate Milk <b>Misc.</b> Fat Free Ranch Dressing Italian Dressing,Lite, 5.62#, 60/1.5oz, IW, Pouch., Ken's, KE0801B3 Dressing, Lite Caesar	14 <b>Entree</b> Uncrustables Turkey Chef Entree Salad Crispy Chicken Sandwich <b>Vegetables</b> Veggie Sticks Sweet Potato Fry, 3/8" XL Straight Cut, McCain Harvest Splendor, 15#, 6/2.5#, 76.47/3.1oz, McCain MCF03725 (1/2c. RO) <b>Fruit</b> Suncup Apple Juice Fresh Banana <b>Milk</b> 1% Milk Fat Free Chocolate Milk <b>Misc.</b> Italian Dressing,Lite, 5.62#, 60/1.5oz, IW, Pouch., Ken's, KE0801B3 Ketchup Mayonnaise, Packet, 200/12g, Heinz, 10013000531709 Fat Free Ranch Dressing	15 <b>Entree</b> Uncrustables Popcorn Chicken Entree Salad Cheese Pizza <b>Vegetables</b> Caesar Salad Vegetable Blend, 12/2#, California, Simple Goodness, 10071179188339 <b>Fruit</b> 100% grape juice, Suncup Sliced Pears <b>Milk</b> 1% Milk Fat Free Chocolate Milk <b>Misc.</b> Fat Free Ranch Dressing Italian Dressing,Lite, 5.62#, 60/1.5oz, IW, Pouch., Ken's, KE0801B3 Dressing, Lite Caesar
18 <b>Entree</b> Uncrustables Chicken Entree Salad Breaded Chicken Drumstick and Cornbread <b>Vegetables</b> Mashed Potatoes Veggie Sticks <b>Fruit</b> Suncup Apple Juice Fresh Oranges <b>Milk</b> 1% Milk Fat Free Chocolate Milk <b>Misc.</b> Fat Free Ranch Dressing Italian Dressing,Lite, 5.62#, 60/1.5oz, IW, Pouch., Ken's, KE0801B3	19 <b>Entree</b> Uncrustables Chef Entree Salad Soft Shell Tacos <b>Vegetables</b> Whole Kernal Corn Baked Beans (reduced sodium) <b>Fruit</b> 100% grape juice, Suncup Fresh Apple Slices <b>Milk</b> 1% Milk Fat Free Chocolate Milk <b>Misc.</b> Fat Free Ranch Dressing Italian Dressing,Lite, 5.62#, 60/1.5oz, IW, Pouch., Ken's, KE0801B3	20 <b>Entree</b> Uncrustables Chicken Caesar Entree Salad Bosco Sticks <b>Vegetables</b> Cut Green Beans Garden Salad Marinara Sauce, 6/106 oz, Contadina, 2001720 <b>Fruit</b> Fruit Punch Juice Pineapple Tidbits <b>Milk</b> 1% Milk Fat Free Chocolate Milk <b>Misc.</b> Fat Free Ranch Dressing Italian Dressing,Lite, 5.62#, 60/1.5oz, IW, Pouch., Ken's, KE0801B3	21 <b>Entree</b> Uncrustables Turkey Chef Entree Salad Orange Chicken and Brown Rice <b>Vegetables</b> Baby Carrots Stir Fry Vegetable Blend <b>Fruit</b> Suncup Apple Juice Fresh Banana <b>Milk</b> 1% Milk Fat Free Chocolate Milk <b>Misc.</b> Italian Dressing,Lite, 5.62#, 60/1.5oz, IW, Pouch., Ken's, KE0801B3 Fat Free Ranch Dressing	22 <b>Entree</b> Uncrustables Popcorn Chicken Entree Salad Cheese Pizza <b>Vegetables</b> Broccoli Veggie Sticks <b>Fruit</b> 100% grape juice, Suncup Sliced Pears <b>Milk</b> 1% Milk Fat Free Chocolate Milk <b>Misc.</b> Fat Free Ranch Dressing Italian Dressing,Lite, 5.62#, 60/1.5oz, IW, Pouch., Ken's, KE0801B3

<p><b>25</b> </p> <p><b>Entree</b></p> <p>Uncrustables Chicken Entree Salad Hot Dog with Cheese on a WG Bun</p> <p><b>Vegetables</b></p> <p>Veggie Sticks Baked Beans (reduced sodium)</p> <p><b>Fruit</b></p> <p>Suncup Apple Juice Fresh Oranges</p> <p><b>Milk</b></p> <p>1% Milk Fat Free Chocolate Milk</p> <p><b>Misc.</b></p> <p>Fat Free Ranch Dressing Italian Dressing,Lite, 5.62#, 60/1.5oz, IW, Pouch., Ken's, KE0801B3 Ketchup Mustard</p>	<p><b>26</b> </p> <p><b>Entree</b></p> <p>Uncrustables Chef Entree Salad Burrito Bowl</p> <p><b>Vegetables</b></p> <p>Whole Kernal Corn Veggie Sticks Romaine Lettuce Tomato Slices</p> <p><b>Fruit</b></p> <p>100% grape juice, Suncup Fresh Apple Slices</p> <p><b>Milk</b></p> <p>1% Milk Fat Free Chocolate Milk</p> <p><b>Misc.</b></p> <p>Fat Free Ranch Dressing Italian Dressing,Lite, 5.62#, 60/1.5oz, IW, Pouch., Ken's, KE0801B3</p>	<p><b>27</b> </p> <p><b>Entree</b></p> <p>Uncrustables Chicken Caesar Entree Salad</p> <p><b>Vegetables</b></p> <p>Penne with Meatballs (Drew)</p> <p><b>Fruit</b></p> <p>Caesar Salad Vegetable Blend, 12/2#, California, Simple Goodness, 10071179188339</p> <p><b>Milk</b></p> <p>Fruit Punch Juice Pineapple Tidbits</p> <p><b>Misc.</b></p> <p>1% Milk Fat Free Chocolate Milk</p> <p><b>Misc.</b></p> <p>Dressing, Lite Caesar Fat Free Ranch Dressing Italian Dressing,Lite, 5.62#, 60/1.5oz, IW, Pouch., Ken's, KE0801B3</p>	<p><b>28</b> </p> <p><b>Entree</b></p> <p>Uncrustables Turkey Chef Entree Salad Sub Sandwich</p> <p><b>Vegetables</b></p> <p>Spiral French Fries Romaine Lettuce</p> <p><b>Fruit</b></p> <p>Suncup Apple Juice Fresh Banana</p> <p><b>Milk</b></p> <p>1% Milk Fat Free Chocolate Milk</p> <p><b>Misc.</b></p> <p>Fat Free Ranch Dressing Italian Dressing,Lite, 5.62#, 60/1.5oz, IW, Pouch., Ken's, KE0801B3 Mayonnaise, Packet, 200/12g, Heinz, 10013000531709 Ketchup</p>	<p><b>29</b> </p> <p><b>Entree</b></p> <p>Uncrustables Popcorn Chicken Entree Salad</p> <p><b>Vegetables</b></p> <p>Broccoli Garden Salad</p> <p><b>Fruit</b></p> <p>100% grape juice, Suncup Sliced Pears</p> <p><b>Milk</b></p> <p>1% Milk Fat Free Chocolate Milk</p> <p><b>Misc.</b></p> <p>Fat Free Ranch Dressing Italian Dressing,Lite, 5.62#, 60/1.5oz, IW, Pouch., Ken's, KE0801B3</p>
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